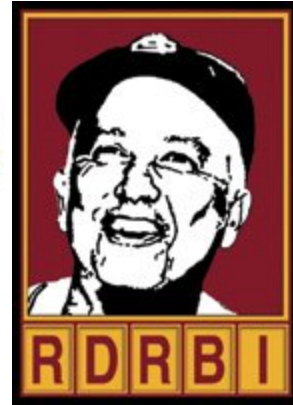


DECEMBER PITCHING FIX MINI CLINIC

Mini Pitching Clinics

A great session with Gardy O'Flynn (2009 NPA, RDRBI certified coach) and staff



The Mini Pitching Clinic is an intense event that focuses on biomechanical, physical, and mental/emotional preparation for pitching with more efficiency and greater success. Clinic registration is on a first-come, first-serve basis. Each participant will receive a custom cd with our motion analysis breakdown at up to 1200 frames per second.

DATES AVAILABLE: SUNDAY Mornings December 6th, 13th and 20th 9:00AM to 10:30AM

Located at Ipswich High Lower Gym (also have use of aerobics room and weight room)

AGES: 13 and UP (through current pro-players)

COST: \$65 per session or ALL 3 Clinics: \$179 (**Pitching Fix Off-Season Conditioning Manual INCLUDED**)

REGISTER ONLINE @ pitchingfix.com OR BELOW

Player's Name _____ Age _____ Grade _____ T-Shirt Size _____

Emergency Contact Name/#: _____

PHONE NUMBER: _____ EMAIL: _____

Medical Insurance Company and I.D. Number _____

I understand and accept the condition that Gardy O'Flynn, Ipswich High School, or anyone associated with Pitching Fix Clinics will NOT assume any responsibility for accidents and/or medical/dental expenses resulting from participation in this program. The applicant is in good health and able to participate in the physical activity. I hereby authorize the director and staff of Pitching Fix to act for me according to their best judgment in any emergency requiring medical attention. Please check off the following and sign.

My son will be attending...Please Circle: December 6th 13th 20th ALL 3 SUNDAY SESSIONS

Parent/Guardian Signature
